

Mindfulness Acronym Colouring

Hi there,

There are two sets of letters that spell out the word 'Mindfulness' in this resource. One has been designed so younger students can mindfully colour them in. The other set of letters are blank so that your older or more artistically confident students can create their own designs.

Students can complete multiple letters to spell out 'Mindfulness' more than once. Put these letters together on a wall of your learning space and you will have an eye-catching display with a mindfulness focus.

We hope you and your students enjoy using this resource.

Team Twinkl